

Date:\_\_\_\_\_

PATIENT INFORMATION:

Date of Bir	th:Age:		
Security N	umber:		
E-r	mail:		
Bus	siness Phone:		
:			
No	_		
	Relation:		
	JRRENT PRODUCTS:		
ser:			
<u>:</u>			
Serum(s):			
urizer:			
ream:			
strength?):	:		
	d:		
:			
•			
:			

itzpatrick Skin Typing Worksheet	Ciı	cle the ansv	ver that best	describes y	ou:
	0	1	2	3	4
What is your natural eye color?	Light blue or gray	Blue, Gray, or Green	Hazel, Light brown	Dark brown	Brownish black
What is your natural hair color (prior to gray or white)?	Red, Sandy red	Blonde	Dark blonde, Chestnut brown	Dark brown	Black
What is the color of your unexposed skin (i.e. stomach, thighs)?	Reddish	Very pale	Pale with beige tint	Light brown, Olive	Dark brown
Do you have freckles on sun-exposed areas?	Many	Several	Few	Incidental	None
What happens when you stay in the sun too long?	Painful redness, blisters, peeling	Blistering followed by peeling	Burns, sometimes followed by peeling	Rarely burns	Never had
To what degree do you tan or turn brown?	Hardly any or not at all	Light color tan	Reasonable/ moderate tan	Tan very easily	Turn dark brown quickly
Do you turn brown or tan several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem
When did you last expose your skin to the sun, tanning bed, or self-tanning creams?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	
Do you expose the area to be treated to the sun (tanning bed, self-tanner, sun-bathing, exercising outside)?	Never	Hardly ever	Sometime s	Often	Always
Add Above for Total Score:					
Match your score to the corresponding Fitzpatrick Skin Type: 0-7 = I 8-16= II 17-25 = III 26-30 = IV Over 30 = V-VI					
Skin Type I: Fair skin, red or blonde hair, blue	/green eyes,	never tans,	always burn	s	
Skin Type II: Fair skin, sandy- light brown hair	, green or br	own eyes, o	ccasionally t	ans, usually	burns
Skin Type III: Medium skin, brown hair, brown	n eyes, often	tans, somet	imes burns		
Skin Type IV: Olive skin, brown/black hair, br	own/black e	yes, always <sup>.</sup>	tans, never b	ourns	
Skin Type V: Dark skin, black hair, black eyes					
Skin Type VI: Black skin, black hair, black eye	es, never bur	ns			

Patien	t Name			L	ate of Birth:	
Medica	al History:					
Height	<u>:</u>	_Weight	Pharmacy	y Name and L	ocation:	
-		-	oked cigarettes, u		of vape, or any other ni	icotine products?
Do you	ı smoke or va	ape marijuana	a or THC, or use m	narijuana or Tl	HC edibles? YesI	No
Do you	ı use any oth	er recreations	al drugs? Yes	_ No If y	es, what kind and how	often?
Numb	er of alcohol	ic beverages (	consumed per we	ek and what I	kind?	
Have y	ou ever had	any psychiatri	ic or psychologica	al care (incluc	ling therapy) Yes1	No
If yes,	please expla	in:				
Do you	ı have any siş	gnificant emo <sup>.</sup>	tional problems?			
Do you	ı suntan/use	tanning beds	? Yes No	_		
Have y	ou used Acc	utane in the la	ast year? Yes	_ No If y	es, when did you stop?	
Do you	ı use sunscr	en daily? Yes	s No If	yes, what stre	ength SPF?	
Have y	ou ever used	d Hydroquinor	าe or other skin lig	ghteners/brigh	nteners? Yes No_	
Have y	ou had any r	adiation thera	apy/chemotherap	y in the past y	ear? Yes No	-
Are you	u prone to H	erpes, cold so	ores, hives, blister	rs, and/or kelo	oids? Yes No	-
If yes,	please expla	in:				
How w	ould you cha	aracterize you	ır skin? (circle) Se	nsitive Dry	Normal/Dry Norma	ıl/Oily Acne Prone
Wome	n Only: Wha	t was the date	e of the first day of	f your last me	nstrual cycle?	
Wome	n Only: Are y	ou currently b	oreastfeeding? Ye	s No		
<u>Please</u>	list all prior	surgeries and	l/or hospitalizatio	ns:		
DATE		SURGERY OR	ILLNESS		HOSPITAL & PHYSICIAN	
		<del></del>				
		+				

Patient Name Date of Birth:				
Please circle all cur	rrent and previous medi	cal conditions/illne	esses and explain below:	•
			•	1
Acid Reflux	Bowel/Intestinal Disorders	Facial Surgery Frequent Infections	Kidney Problems Liver Disease	Seizures Sinus Problems
Anemia	Body Dysmorphic Disorder	<del>                                     </del>		Skin Disorder
Anxiety	Brain/Neurological Disorder		Learning Disorder	
urthritis	Chamatharany	Heart Arrhythmia	Lung Problems  Mental Illness	Stroke
sthma .DD/ADHD	Chemotherapy	Heart Attack Heart Condition	Metabolic Issues	Thyroid Disorder Ulcers
utoimmune Disorder	Congestive Heart Failure			
	COPD/Emphysema	Hernia High Blood Pressure	MRSA or VRE	Vascular Disease
lipolar Disorder lleeding Disorder	Diabetes Dental Problems		Pacemaker Pneu monia	Varicose Veins Vision Problems
Blood Clots	Depression	High Cholesterol Hormonal Imbalance	Radiation	VISION PIODIENIS
Bowel Obstruction	Bone/Joint Disease	Immunotherapy	Reproductive Problems	+
		ements, and herba	al medications that you t	ake daily and as
<u>eeded:</u>				
MEDICATION	DOSAGE	HOW OFTEN?	WHY YOU TAKE IT?	PRESCRIBER
				<del> </del>
lease list any aller	gies to any drugs, foods	. environmental fac	ctors, or others with reac	ctions below:
, , , , , , , , , , , , , , , , , , , ,	<b>,</b> , , , , , , , , , , , , , , , , , ,			
_				
🗌 No Known Allerg	gies			
	j			

Coa	gulation Questionnaire:	
1)	Do you currently have swollen legs?	Y/N
2)	Have you been diagnosed with Sepsis in the last 6 months?	Y/N
3)	Do you have a central venous access port?	Y/N
4)	Do you have a history of deep vein thrombosis (DVT) or pulmonary embolism (PE), or blood clots?	Y/N
5)	Do you have a family history of DVT, PE, or any other clotting issues including excessive bleeding?	Y/N
6)	Have you ever been diagnosed with any of the following:	
	Factor V Leiden	Y/N
	Prothrombin 20210A	Y/N
	Elevated cardiolipin antibodies	Y/N
	Heparin induced thrombocytopenia (HIT)	Y/N
	Elevated serum homocysteine levels	Y/N
	Positive lupus anticoagulant	Y/N
	Congenital or acquired thrombophilia	Y/N
	Any other type of abnormal clotting?	Y/N
7)	Have you had a stroke or transient ischemic attack within the last month?	Y/N
8)	Are you currently taking medications that are blood thinners (aspirin, NSAIDS, anti-platelet medications,	
	warfarin, Pradaxa, Aggrenox, Plavix, Pletal, Vitamin E, herbals, or homeopathic substances?	Y/N

All of the information provided within this history is accurate and complete to the best of my knowledge.

Patient or Legal Guardian Signature

Date

Patient Name

Patient Name\_\_\_\_\_ Date of Birth:\_\_\_\_\_



# **Authorization to Disclose Protected Health Information (PHI)**

I hereby authorize the use and disclosure of individually identifiable health information relating to me, which is also called "protected health information" (PHI) under HIPAA's Privacy Rule. I understand that if the person or entity receiving this information is not a health plan or health care provider covered by the federal privacy regulations, the information may be re-disclosed by the recipient and may no longer be protected by federal or state law.

Name of Individual or Company to Whom Disclosures May Be Made To:

1)	Name:			R	elatior	nship:
	Financial Information (circle):	Yes	No	PHI (circle):	Yes	No
2)	Name:			R	elatior	nship:
	Financial Information (circle):	Yes	No	PHI (circle):	Yes	No
3)	Name:			R	elatio	nship:
	Financial Information (circle):	Yes	No	PHI (circle):	Yes	No
dis	nitations of Disclosure: Please sclosure of your PHI and/or Fina nderstand that I may revoke this wever, does not affect previous	ncial I perm	nform	n, in writing, at	any tiı	me. Revoking permission,
<mark>P</mark> ri	nt Name:			Signature:		Date:
	Authorization	n to be	e Con	tacted Throug	h Alte	ernate Means
I hereby request to be contacted through alternate means. I understand that in the course of doing so, my PHI may be viewed by individuals I did not intend. I understand that I may revoke this request in writing, at any time. Please list any alternate addresses, phone numbers, e-mail addresses, etc. that you would prefer to be contacted at:						
<mark>P</mark> ri	nt Name			Signature:		Date:

Authorization to be Contac	cted by Text Messaging (data rates may ap	ply) and E-Mail
uploaded to my patient po	by e-mail regarding notifications that documortal and for promotions/special events with	in the office.
<ul><li>I consent to be contacted services.</li></ul>	by text messaging regarding upcoming appo	intments and rating
Print Name:	Signature:	Date:
Medi	ical Record and Photographic Consent	
as during and after my procedure to insurance carriers for the purp	nd/or videos will be taken at the time of my one as part of my medical record. Photographs bose of coverage determinations. I understable at my own will and discretion.	s may be submitted
<mark>P</mark> rint Name:	Signature:	Date:
care, and surgery outcome in fut	Use of Medical Records  Surgery, LLC can use information from my mure presentations to residents and regional social Security number, and/or date of birth  Signature:	and national meetings
	Use of Medical Records	
	oost-operative photos for use in scientific me and/or date of birth will never be used for pre	_
Print Name:	Signature:	Date:
Notice of Priva	acy Practices Acknowledgement Receipt	
I acknowledge receipt of the Not	ice of Privacy Practices, amended June 24, 2	2025.
Print Name:	Signature:	Date:



# Financial Policy Agreement for Spiro Plastic Surgery

**CONSULTATION FEES:** Patients who wish to discuss multiple surgical procedures and/or treatment of multiple body regions may be charged an additional fee. Consultations that are functional in nature may be submitted to insurance and subject to deductible, co-insurance, and co-pay. If consultations are both cosmetic and functional, they may be subject to both a self-pay/out-of-pocket consultation fee as well as a billable charge to your insurance carrier. **ACCEPTED METHODS OF PAYMENTS:** For services provided by our office, we accept cash, bank checks, money orders, Visa, MasterCard, Discover, and American Express. Personal checks will not be accepted upon your first encounter. Payment for surgical procedures with personal checks will only be accepted up to three weeks prior to the services being rendered. Please be advised that the business reserves the right to use its own discretion when accepting forms of payment. There is a fee of \$30.00 for returned checks.

IN-NETWORK/PARTICIPATING INSURANCE: Spiro Plastic Surgery, LLC participates with Horizon Blue Cross Blue Shield of New Jersey. All covered services rendered in the office will apply toward your in-network benefits. We do not participate with Horizon NJ Health or Horizon Medicare Advantage Plans. Please advise our team if you have one of these plan types.

OUT-OF-NETWORK/NON-PARTICIPATING: Spiro Plastic Surgery, LLC is a non-participating provider with all health insurance plans except Horizon Blue Cross Blue Shield of New Jersey.

- Claims for services rendered in the office: Healthcare claims for any services rendered in the office will be processed under the out-of-network provisions of your policy.
- Claims for services rendered at facilities: Our providers operate at facilities that are
  in-network with all major insurance carriers which protects you from balancing billing
  under The No Surprises Act. Any approved surgeries performed at in-network facilities
  will be processed per your in-network benefits, and you will be responsible for any innetwork co-pays, deductibles, and co-insurance per the terms of your plan.

#### **COVERED SERVICES:**

Approved Surgeries: If you meet the criteria for coverage, we will initiate all precertifications/pre-determinations required for medically necessary procedures prior
to your surgery and notify you of the outcome. Prior to your approved procedure, we
will collect any applicable co-pays, deductibles, and co-insurance per the terms of
your plan. We will submit all approved procedures to your insurance carrier on your
behalf.

# **NON-COVERED SERVICES:**

 Non-Covered Surgeries: If your procedure does not meet criteria for coverage under your plan provisions, we will collect 100% of the surgical fee in advance of your procedure, due three (3) weeks prior to surgery. Not all services rendered by Spiro Plastic Surgery, LLC that your provider may consider medically necessary are covered benefits under every insurance carrier. All procedures that are submitted to insurance and denied as a non-covered service will be your financial responsibility. **COSMETIC PROCEDURES:** Procedures deemed cosmetic in nature will not be submitted for precertifications or pre-determinations to your insurance carrier.

**MEDICARE:** – Effective April 1, 2011, Dr. Spiro has "opted out" of the Medicare system and may enter into private contracts with Medicare beneficiaries. As such, patients must accept full responsibility for payment of Dr. Spiro's fees for all services rendered. Medicare limiting charges do not apply to Dr. Spiro's services. Our office cannot submit claims to Medicare for services provided by Dr. Spiro. Similarly, Medigap plans and other supplemental plans will not make payment for services rendered by Dr. Spiro as he is opted out of Medicare.

<u>MEDICAID</u> – Spiro Plastic Surgery, LLC does not participate with Medicaid or any Medicaid plans administered through other carriers. Please advise our office if you have a primary or secondary Medicaid plan.

**INSURANCE PAYMENTS**: Our office may be notified by your insurance carrier that you have received an insurance check/ACH payment. Should you receive an insurance payment for services rendered by Spiro Plastic Surgery, LLC, you will be responsible for reimbursing our office within seven (7) days of receipt with a copy of the explanation of benefits. If you have not received any insurance correspondence, it is your responsibility to follow-up with the insurance carrier immediately. Non-payment to our practice may result in default of your account and subsequent placement with an attorney or bonded collection agency.

**COLLECTIONS:** In the event a patient balance exceeds 90 days, the undersigned authorizes Spiro Plastic Surgery, LLC and/or their authorized agent to verify any information provided to the practice, now or in the future, and/or obtain additional information by securing data from a credit reporting agency. In addition, the undersigned agrees to pay a thirty percent collection fee in the event of default on their account, if the account is placed with an attorney or bonded collection agency.

<u>CREDIT CARD DISPUTES:</u> If you engage your credit card company by disputing a charge, you are hereby authorizing Spiro Plastic Surgery, LLC to share details regarding appointments, treatments, and purchases with your credit card company, thereby relinquishing your HIPAA rights as it pertains to the financial dispute.

#### APPOINTMENT SCHEDULING FEES, LATE FEES, AND CANCELLATION FEES:

Spiro Plastic Surgery LLC collects fees for scheduling appointments. Scheduling fees are collected prior to scheduling the appointment and will be applied towards your consultation fee or service fee. Please read the following carefully.

# CONSULTATION/SCHEDULING FEE FOR DR. SPIRO:

- The cosmetic consultation fee for Dr. Spiro is \$500. This is prepaid and collected at the time of scheduling an appointment. This amount is retained as a cancellation fee for appointments that are cancelled or rescheduled within two business days of an appointment and "no shows."
- Specialist co-pays are prepaid and collected at the time of scheduling an appointment for patients seeking treatment for medically necessary or potentially medically necessary procedures for patients with Blue Cross Blue Shield commercial insurance plans. This amount is retained as a cancellation fee for appointments that are cancelled or rescheduled within two business days of an appointment and "no shows."
- Spiro Plastic Surgery is out-of-network with all other carriers, opted out of Medicare, and we do not accept Medicaid. The consultation fee for patients seeking treatment for medically necessary or potentially medically necessary procedures with out-of-network plans, Medicare, or Medicaid is \$200 and is

prepaid and collected at the time of scheduling an appointment. This amount is retained as a cancellation fee for appointments that are cancelled or rescheduled within two business days of an appointment and "no shows."

• If you have out-of-network benefits, your consultation fee will be submitted to your carrier on your behalf.

# • SCHEDULING FEE FOR COOLSCULPTING CONSULTATIONS, SKIN CARE SERVICES, AND INJECTABLES:

The scheduling fee for CoolSculpting consultations, injectables, lasers, and all other skin care services is \$100 which is prepaid and collected at the time of scheduling an appointment. This amount is retained as a cancellation fee for appointments that are cancelled or rescheduled within two business days of an appointment and "no shows." The fee may be allocated towards services rendered for treatments performed within thirty days of the consultation.

#### • SCHEDULING FEE FOR COOLSCULPTING:

The scheduling fee for CoolSculpting treatments is \$250 per treatment cycle. The balance for treatment cycles is due prior to treatment on the day of the appointment. The scheduling fee for CoolSculpting treatments will be assessed and retained as a cancellation fee for appointments that are cancelled or rescheduled within two business days of an appointment and "no shows."

#### • LATE FEES AND CANCELLATION FEES:

- A late fee will be assessed for all appointments for patients who do not arrive on time. If you are late and we cannot accommodate you, your appointment will be subject to cancellation. The scheduling fee will be assessed and retained as your late fee charge.
- o If you are late and our office is able to accommodate you, the scheduling fee will be assessed and retained as a late fee charge and will not be applied towards the balance of your consultation or treatment. The full amount of the service will be due at the time of the appointment.

**PRODUCT REFUND POLICY:** If a patient has a documented skin reaction within three weeks of the purchase date of the product, a credit for the product may be issued. Credits may be used towards future products and/or services within Spiro Plastic Surgery, LLC. No credits will be issued after three weeks from the purchase date. All credits expire one year from the date issued.

By signing below, you are agreeing that you have read and understand our financial policy. If you have any questions about our financial policies, please feel free to ask for additional clarification from our Billing Manager. We are here to assist you in any way possible. Thank you for choosing Spiro Plastic Surgery, LLC.

<mark>'</mark> rint Name:	Signature:	Date:
---------------------------	------------	-------



#### **NOTICE OF PRIVACY PRACTICES**

THIS NOTICE DESCRIBES HOW INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Any questions or concerns regarding information contained in this document should be directed to:

Privacy Officer, Spiro Plastic Surgery, LLC 101 Old Short Hills Road Suite 510 West Orange, NJ 07052 Telephone (973) 736-5907

We Have a Legal Duty to Safeguard Your Protected Health Information (PHI).

This includes information that can be used to identify you that we have created or received about your past, present, or future health condition, the provision of health care to you, or the payment for this health care. We must provide you with this notice regarding our privacy practices that explains how, when, and why we use and disclose your PHI. With some exceptions, we may not use or disclose any more of your PHI than is necessary to accomplish the purpose of the use and disclosure. We are legally required to follow the privacy practices that are described in this notice. However, we reserve the right to change the terms of this notice at any time. Any changes will apply to the PHI we already have. We will promptly post the revised policy in our office waiting room. You may also request a copy of this notice from the individual named above at any time.

#### How We May Use and Disclose Your Protected Health Information:

We use and disclose health information for many reasons. Below we describe the different uses and disclosures. Uses and disclosures which do not require your authorization:

- Treatment We will use your health information for treatment. We may provide your information to hospitals, anesthesiologists, and other physicians involved in your care, nurses and technicians.
- Payment We may use and disclose your PHI in order to bill and collect payment for the treatment and services provided to you. A bill may be sent to you, a third-party payer, or collection agency. The information on or accompanying the bill may include information that identifies you, as well as your diagnosis and procedures.
- Health Care Operations We may disclose your PHI in order to operate this practice. We
  may use your information in order to evaluate the quality of health care services our
  office provides. We may also provide your PHI to our accountants, attorneys,
  consultants, and others in order to make certain we are complying with laws that apply to
  our practice.
- Federal, State, or Local Law, Judicial or Administrative Proceedings, or Law
   Enforcement We may disclose your information when a law requires that we report
   information to government agencies and law enforcement personnel about victims of
   abuse, neglect, domestic violence, or when ordered in a judicial or administrative
   proceeding.

- Business Associates There are some services provided in our practice through contacts
  with business associates. Examples include radiology, anesthesiology, laboratory
  diagnostics, hospital and surgical facilities, etc. When these services are contracted, we
  may disclose your health information to our business associate so that they can perform
  the job we've asked them to do and bill you or your third-party payer when necessary. So
  that your health information is protected, however, we require the business associate to
  appropriately safeguard your information.
- Public Health Activities We may report information to government officials in charge of collecting information about various diseases, infections, and medical products. We may disclose to the FDA health information relative to adverse events with respect to food, supplements, product and product defects or post marketing surveillance information to enable product recalls. We may provide coroners, medical examiners, and funeral directors any necessary information.
- Health Oversight Activities We will provide information to assist the government when it conducts an audit or investigation of a physician or medical practice.
- Tissue/Organ Donation We may contact tissue procurement organizations to assist them in donations and transplants.
- Research We may disclose information to researchers when their research has been approved by an Institutional Review Board that has reviewed the research proposal and established protocols to ensure the privacy of your health information. We will always ask for your specific written permission if the researcher will have access to any information that reveals who you are, such as your name, address or other patient identifying information.
- To Avoid Harm In order to avoid a serious threat to the health and safety or a person or the public, we may provide your information to law enforcement personnel or persons able to prevent or lessen such harm.
- Specific Government Functions We may disclose information on military personnel or veterans in certain situations. We may disclose information for national security purposes or conducting intelligence operations.
- Workers' Compensation We may provide information to comply with applicable workers' compensation laws.
- Appointment Reminders and Health Related Benefits or Services We may use information to advise you of future appointments, treatment alternatives, or other health care services or benefits we offer.
- Incidental Uses and Disclosures An incidental use and disclosure is a secondary use that cannot reasonably be prevented, is limited in nature, and that occurs as a byproduct of an otherwise permitted use or disclosure. Such uses are permitted only to the extent that we have applied reasonable safeguards and do not disclose any more of your information than is necessary to accomplish the permitted disclosure.

#### Uses and disclosures where you have the opportunity to object:

Disclosures to Family, Friends, and Others – Health professionals, using their best judgment, may disclose to a family member, other relative, close personal friend or any other person you identify, health information relevant to that person's involvement in your care or payment related to your care. You may object in whole or in part to these disclosures.

Other uses and disclosures of medical information not covered by this policy or applicable laws will only be made with your prior written approval. You may revoke that permission, in writing, at any time. Revoking your permission does not require us to take back any disclosures we have

previously made with your permission.

#### Your Rights Regarding Your Protected Health Information

Although your health record is the physical property of the healthcare practitioner, the information belongs to you. You have the right to:

- Obtain a copy of the Notice of Privacy Practices upon request.
- Request a restriction on certain uses and disclosures of your information as provided by 45 CFR 164.522. This request must be made in writing to the attention of the Privacy Officer and must include what information that patient wants to limit and to whom the limits apply. We will consider your request but are not legally required to accept it.
- Inspect and copy your health record as provided for in 45 CFR 164.524. This request must be made in writing to the attention of the Privacy Officer. We will respond to you within 30 days of receiving your written notice. We may charge a fee for the costs of copying, mailing, faxing, reproducing photographs, or other expenses associated with a patient's request.
- Choose how we send health information to you. You may request that we send information to you at an alternative address or by alternate means.
- Request an amendment of your health record if you feel the information, we have is
  incomplete or incorrect as provided in 45 CFR 164.528. Requests must be made in writing
  to the attention of the Privacy Officer and must include a valid reason to support the
  request. We will respond within 60 days of receiving your written request.
- Obtain an accounting of disclosures of your health information as provided in 45 CFR
  164.528. This list will not include disclosures you have already consented to such as
  those made for treatment, payment, or health care operations, or disclosures made prior
  to the effective date of this policy. This request must be made in writing and must state a
  period of no longer than six years. We will respond within 60 days of receiving your written
  request.

#### For More Information or to Report a Problem

If you have any questions or would like additional information, you may contact the Privacy Officer at (973) 736-5907. If you believe your privacy rights have been violated, you may file a complaint with our Privacy Officer or with the Secretary of the Department of Health and Human Services. There will be no retaliation for filing a complaint. All complaints must be made in writing.

#### Revisions of Privacy Policy

We reserve the right to change our Privacy Practices at any time and to make the new provisions effective for all protected health information we maintain. You may request a copy of any revisions made to our Notice of Privacy Practices either by mail, telephone, or in person.

Policy Effective Date: June 24, 2025.